

# EMERALD VALLEY INTERGROUP JANUARY 2020

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## Step 1 Powerlessness

*“We admitted we were powerless over alcohol- that our lives had become unmanageable.”*

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**Call EVI 24 hours:**  
(541) 342-4113

**Office:**

741 Main Street Suite A.  
Springfield, OR 97477

**Office hours:**

Monday-Friday

9:00 AM-5:00 PM

Saturday-Sunday

9:00 AM – 4:00 PM

**Email:** [eviaaweb@gmail.com](mailto:eviaaweb@gmail.com)

### Area 58 Assemblies

**February 2020 Service Assembly**

- 02/28/2020 - 03/01/2020
- Portland

**May 2020 Service Assembly**

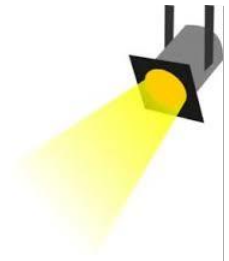
- 05/15/2020 - 05/17/2020
- The Dalles

**September 2020 Service Assembly**

- 09/18/2020 – 09/20/2020
- McMinnville

## Upcoming Speaker Meetings

<p>Veneta's Speaker Meeting</p> <p>Featuring: Kimberly From: Veneta, OR</p> <p><b>January 18, 2020</b> 6:30pm</p> <p>Veneta Gratitude Group Valley United Methodist Church (Sanctuary) 25133 E Broadway Veneta</p>	<p>1<sup>st</sup> Saturday Speaker Meeting</p> <p>Featuring: Tyler W From: Oregon City, OR</p> <p><b>February 1, 2020</b> Potluck 5:30pm Speaker 7-8:15pm</p> <p>Center for Spiritual Living 390 Vernal St. Eugene</p>
<p>EVI Speaker Meeting</p> <p>Alanon Speaker: Dave A (Eugene) AA Speaker: Aaron Z (Molalla)</p> <p><b>February 8, 2020</b> 7-9pm</p> <p>Bethesda Lutheran Church 4445 Royal Ave. Eugene</p>	




## EVI Committee Spotlight

The **EVI Activities** Committee organizes popular evening dances, picnics and potlucks for all AA members and their families in the Intergroup area. The Chair serves a 1 year term and requires 1 year of sobriety. The co-chair also serves 1 year and requires 6 months of sobriety.

*EVI ACTIVITY COMMITTEE INVITES YOU TO*

**BINGO**

**AND DESSERT POTLUCK**  
**FREE POPCORN AND COFFEE**  
**\$1.00 POP AND WATER**  
**.25 CENTS PER **

**JANUARY 25<sup>TH</sup>, 2020 FROM 6PM TO 8PM**

**CAMPELL COMUNITY CENTER**  
**155 HIGH ST EUGENE**

### Meeting changes and additions:

New or change?	Name	Day/Time	Location
New	12&12 Book Study and Discussion	Thursdays 5:15 – 6:30pm  *Bring your 12&12 and HOW (Hope, Openness and Willingness)	Center for Spiritual Living 390 Vernal St. Eugene

## Martha versus the Bottle – A Recurring Saga

Share your story!  
Email  
evinewsaa@gmail.com

My most recent sobriety date is August 17, 2000. At the time I was bottoming out after a relapse, and I certainly had no trouble admitting that I was powerless over alcohol, or at least became powerless after I put alcohol in my system. I had started attending AA meetings a couple of weeks previously, and participation in AA has been an essential feature of my sobriety this time around.

This was not always the case. I realized that drinking was causing problems in my life early on in graduate school, and my first sobriety date – the first time I tried deliberately to stop drinking – was January 1, 1974. I stayed sober for eight months on a New Year's resolution alone, with a little help from a spiritual program, but succumbed to the temptation to drink in an environment where social drinking and even heavy partying was normative. Within a year after relapsing I was back to my old behavior, and although I (and, at one point, my employer) made some feeble, ineffectual efforts to control my drinking and associated counterproductive behavior, I never had another significant period of sobriety until I bottomed out in 1980. My second notable sobriety date is October 12, 1980. That stretch lasted until 1993, ending with the relapse that finally brought me into AA.

What went wrong? Why has AA worked for me on a longer term basis than the other resources I accessed in 1974 and 1980? The reasons, it seems to me, were somewhat different in 1974 and 1980. Examining them helps me avoid thought patterns and behavior which might be precursors to another relapse.

Bad information played a part in 1974. The message I got from my parents and from college health education (taught, ironically, by the man who later founded Serenity Lane) was that moderation in drinking was solely a matter of will power and that anyone could drink responsibly if they were determined to do so. To compound the problem, at this stage I was able to drink moderately at first – the phenomenon of going back to one's bottom after taking a single drink did not happen for me until much later. It was easy to believe that eight months of abstinence had cured me. I suspect that programs that claim to be able to turn a full-blown alcoholic into a moderate drinker use their short-term successes with alcoholics of the type I was in 1974 as evidence of their effectiveness. I have no doubt now that I was then an alcoholic, but honest answers to questions about my behavior, such as the ones found in the pamphlet: "Is AA for You?", would not have flagged me as one.

In 1980 I had plenty of evidence that I was powerless over alcohol. It was a major factor leading to a complete mental breakdown that resulted in spending two months in a mental ward in a foreign country. Afterwards I left a stressful career, returned home to Oregon, got married, embarked on a second, less demanding career, and raised a child, all with the help of a strong spiritual program but without AA. I knew the life I had depended on staying sober. In 1993 my husband divorced me for reasons over which I had no control, the farm we had labored over was sold, my second career soured, my father finally succeeded in drinking himself to death, and my daughter entered her teens traumatized by the divorce. I had stayed sober because life was worth staying sober for. It no longer seemed worth staying sober for, and I very much wanted to check out.

One thing AA gives me now, which I did not have in the 1990's, is a community of people who are honest about the challenges of life, who manage to keep the vision that life is worth staying sober for through difficulties as bad as, or worse than, the ones that took me out in 1993-5. It also shows me the narratives of people who relapse over things I have negotiated successfully. Going to meetings regularly reminds me, through the mirror of other alcoholics, that I remain truly powerless over alcohol.

Martha S. Eugene Oregon

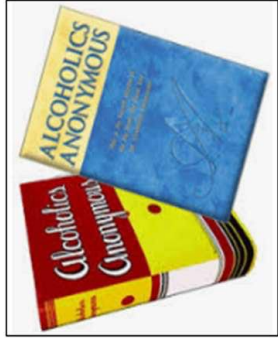
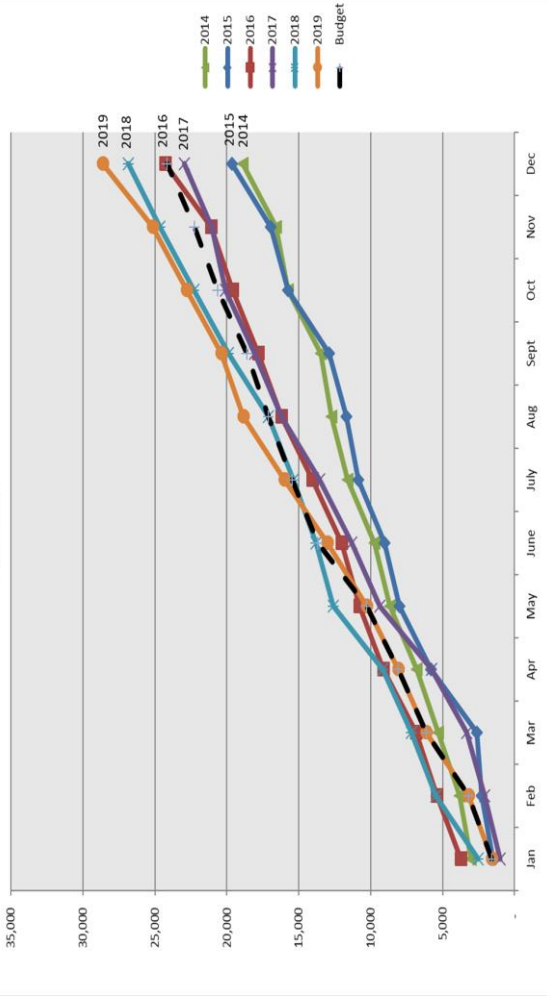
## EVI December 2019 Financial Update

1. Overview - Group contributions YTD are \$3,982 (19.8%) over the revised budget. The Original Budget was \$24,938 vs Actual of \$24,066 \$873 short of our original goal. The increased cash position of \$1,569 is from Literature (\$664) after year end inventory adjustments and we also had a operating gain of \$904.
2. Expenses - Operating expenses were as expected.
3. Group Contributions - Group contributions continue to be strong
4. Committee Expenses - Activities had an unexpected cost for storage and was provided funds to bring them up to there prudent reserve
5. Prudent Reserve - We are above prudent reserve by \$5,692. 2020 Prudent reserve target will decrease to \$13,055 which is about \$2,400 lower than 2019.

Monthly	YTD	YTD Budget	+/- YTD
Contributions:	\$ 3,478	\$ 29,279	\$ 24,164 \$ 5,116 21%
Expenses:	\$ 2,400	\$ 27,889	\$ 28,270 \$ (381) 1%
Difference:	\$ 1,078	\$ 1,390	

PRUDENT RESERVE CALCULATION	
6 Mo of 2018 Average Exp	11,898
50% of 2019 Committee Budget Increases	1,535
Equipment Fund	2,000
<b>Prudent Reserve</b>	<b>15,433</b>
Cash Position	21,124
Surplus over PR	5,692

A Prudent Reserve shall be maintained to protect against short-term fluctuations in revenues or expense and ensure consistency in operations. If adverse changes in revenue or expense are determined to be systemic, the prudent reserve is intended to provide operating expenses to afford EVI the time necessary to resolve the operations issues.



Literature Sales	December	YTD Sales	YTD% of Budget
AA Book Sales	1,079	12,206	96%
Pamphlet Sales	33	708	115%
Meeting Book Sales	108	1,542	67%
Grapevine Sales	51	586	81%
<b>Total Literature Sales</b>	<b>1,271</b>	<b>15,042</b>	<b>92%</b>

EVI 2019 Financial Report

	<u>December</u>	<u>YTD</u>
11th Step Meditation		120.00
645 AM Men's Group		40.00
Abnormal Drinkers	50.00	100.00
ABC Group		540.00
Attitude Adjustment Group		687.97
Autumn Group		300.00
Back to Basics Junction City		150.00
Caduceus		-
Carpe Diem		210.00
Coburg Fire Stoppers		141.50
Cottage Grove Group		-
Creswell 12 x 12		30.00
Daily Reflections		-
Downtown AM group		1,076.00
Drop The Rock		297.00
Early Firehouse Group	150.00	150.00
Easy Does It		-
Everyone's Welcome		225.00
Expect a Miracle		193.20
Freedom Bound		-
Freedom Of Choice	80.00	550.00
Friday Night Gratitude (Cot Grove)		80.00
Friday Night Stag		120.95
Following the Directions		180.00
Get Well Group		-
Good Grief Saturday		50.00
Gratitude Group		-
GWAD (Jesco)	300.00	300.00
Harrisburg Group		75.00
How It Works	300.00	950.00
Jasper By The Tracks Group	480.00	480.00
Knuckleheads		102.00
Lambda Group	50.00	500.00
Last Chance Study Group		180.00
Last House on the Block		-
Men's Freedom Bound		208.50
Men's Undisiplined		156.00
Monday Noon Stag		600.00
New Freedom	480.00	1,200.00
Oakridge Group		25.00
No Rules Group	300.00	1,900.00
One Day at a Time		391.28
Physical Awakening		300.00
Plant a Seed		175.00
River Road Friday Night Book St	100.00	100.00
River Road Recovery		200.00
Saturday Morning Steps		658.23
Saturday Night Book Study		125.00
Seniors for Sobriety		50.00
Serenity on Sunday		-
Serenity Seekers West	200.00	610.00
Sickman's Group		-
Sisters of Sobriety		300.00
Sober Awakenings		2,384.50
SOS Group		40.00
Sobriety for Life		805.75
Springfield Men's Stag		50.00
Springfield Study Group		-
Starway to Sobriety		350.00
Step 123 Women's Group		30.00
Sunday AM B.B. Study Group		150.00
Sunday Women's Step Study		50.00
Sunday Night Book Study	194.40	328.60
Sunrise at Sunset		300.00
Sunrise Serenity		-

	<u>December</u>	<u>YTD</u>
Sunrise Sobriety Group		125.00
Sunrise Sobriety Group (Coos Bay)		-
Terminally Unique		-
The Way Home	190.00	588.19
There is a Solution	25.00	90.00
Thurston Bell Ringers		-
Thursday Night Rush Hour C.G.		250.00
Thursday Night Reflections	100.00	200.00
Thurs Night Group		-
INT		250.00
Tuesday Night Young Peoples		-
Ty God Group		1,041.00
Upon Awakening		100.00
unknown		-
Vintage Group		721.15
Voyagers		-
Wed Beginners Group		25.00
Wednesday Women's Big Book Study		224.74
Wednesday Night Men's Stag		75.00
We're Working On It		100.00
Where The Rubber Meets The Road		-
Woman's How It Works		70.00
Women's Big Book Study		250.00
Women's Road to Recovery		400.00
Women In the Solution		350.00
Women's Step Study		-
Young Ducks		-
Total Contributions/Group	2,999.40	24,176.56

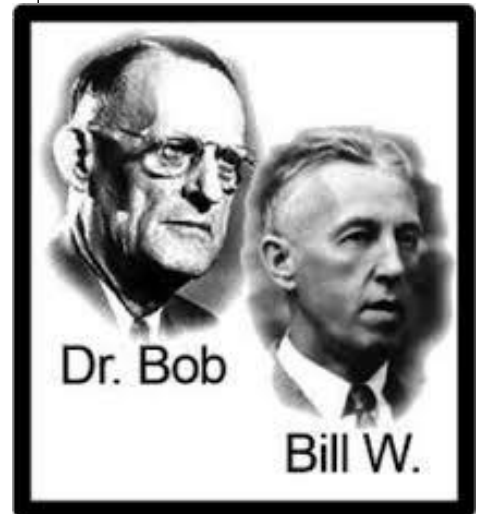
EVI Contributions--Other

	<u>December</u>	<u>YTD</u>
District Contributions		
Dist 20		30.00
District 6		240.00
Total District Contributions	-	270.00
Contributions/Individual		
Faithful Fivers	60.00	460.50
Individual - Other	415.25	1,630.17
Total Contributions/Individual	475.25	2,090.67
Contributions--Other		
EASYPAA		-
ORCYPAA		515.33
Fund Raiser		350.00
Assembly Host Com		-
Summerfest		500.00
Contributions--Other	-	1,365.33
Fund Raising		
Activities		636.47
CPC-PI		-
Speaker Meeting		725.00
Fund Raising	-	1,361.47



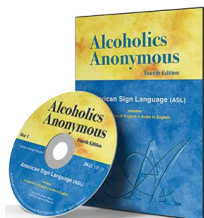
## This month in AA History:

- 1889 – Sister Ignatia born in Ireland
- 1938- New York AA split from the Oxford Group
- 1939 – 1<sup>st</sup> sale of Works Publishing Co. stock was recorded
- 1940- 1<sup>st</sup> AA Meeting NOT held in a home meets at King School Akron, OH
- 1946 – AA Grapevine increased cost of a yearly subscription to \$2.50
- 1948 – 1<sup>st</sup> English-speaking AA meeting was held in Japan
- 1948 – Polk Health Center – Alcoholic Clinic for Negroes” started with 14 willing subjects
- 1961 – Bill W sent an appreciation letter, which he considered long overdue to Dr. Carl Jung for his contribution to AA
- 1971 The New York Times published Bill W.’s obituary on page one



## New Support for Deaf/Hard of Hearing AAs !!!

- The General Service Office has announced a new publication – the Big Book of Alcoholics Anonymous (4<sup>th</sup> ed.) is now translated into American Sign Language videos. The videos can be found at [https://www.aa.org/pages/en\\_US/alcoholics-anonymous-asl#video-player](https://www.aa.org/pages/en_US/alcoholics-anonymous-asl#video-player) and contain captions.



- There is a new meeting for DHH AA's in the Eugene Springfield area. While the exact format is still being determined, the meeting will be held at the First United Methodist Church of Eugene. 1376 Olive St. Watch for updates!





## Emerald Valley Intergroup Business Meeting Minutes

December 9, 2019

Opening: Serenity Prayer At 6:30. Chaz is filling in as Chair and Brian R. as Vice Chair.

Introductions (Quorum is 15 EVI Representatives) 24 group representatives present.

New EVI Representatives- no new members.

**APPROVE MINUTES OF PREVIOUS MEETING:** Amend potluck time to 5 from 6 pm. Motion, 2nd, passed.

**APPROVE TREASURER'S REPORT:** \$2700 over budget on contributions. \$4123 over prudent reserve. Motion, 2nd, passed

**APPROVE AGENDA:** Arranged agenda for election. Added \$264 for activities. Motion, 2nd, passed.

### OLD BUSINESS -

- Open positions: Office Coordinator co-chair, Open
- Activities co-chair, Open. Outreach Chair Clint, Co-Chair Open.
- Budget; Tabled motion; Curt handed out budget last month, Passed.
- Al-anon question; Request for a combined activity listed on the EVI website and newsletter.

### NEW BUSINESS -

- Committee synopsis: New handout summary with EVI job descriptions. **Please review the document** and let Clint know if you would like to make any changes.
- Tech Support: GSO and Area 58 and some Intergroups have a tech support position to assist with the service committees. Motion to create a "tech support" committee, 2nd, **Tabled** until next month. **Please take to your group.**
- Activities Committee \$264. Motion, 2nd. Lynn describes the situation where Activities is under prudent reserve. The new year dance costs money for expenses. The \$264 will bring them back to their prudent reserve. Passed.
- Rotating positions: Treasurer, Curt is available, elected. Vice-Treasurer, Brenda is available, elected. Member at Large, Steve is available, elected. Member at Large, Open, **take to group.**

### COMMITTEE REPORTS (limited to two minutes)

**Steering** (Chair) Keep bathroom clean please. Noise and smoking seem to be getting better.

**Grapevine;** Shelf is full, buy a book for a gift. Ordered binders for archiving old grapevines.

**Office Coordinator;** Needs office volunteers. See Gregory for availability, particularly Sunday. Having to close when there is no one staffing. Get keys back to Gregory.

**Activities;** Saturday, 14th is Speaker Meeting potluck at 5pm. Bring a side dish. 4445 Royal ave. Holiday dance at 1st Christian downtown Eugene with music by Rock n Rewind.

**Hospitals & Institutions;** well attended, always need volunteers. See new H&I link on website. Spend all of the budget. Meeting on the 18th this month.

**Outreach;** Clint is new Outreach

**Speaker Meeting;** Starts at 7pm. Large raffle this month. 4445 Royal Ave.



**CPC/PI;** 5 open positions, see Sierra for info. Check website for CPC-PI link. Working on Draft for Serenity lane.

**Meeting Guides;** Not much has happened.

**Website;** Need help going through web pages. Send discoveries to Matt at [eviaawebsite@gmail.com](mailto:eviaawebsite@gmail.com). "Meeting guide" app has up to date meetings.

**Archivist;** No report.

**Literature;** Got more Big Books in. New "old" Big Books. Contact Jenny for special orders. On website.

**Diverter;** Going smoothly, need a group host for Sunday.

**Newsletter;** Send personal recovery stories. See website.

**Al-Anon;** Joann, Hoping for outreach coordinations. See flier about alateen. Would like to start a new alateen meeting.

**ANNOUNCEMENTS;** Orcypaa mail in our office.

**BIRTHDAYS AND SPEAKING ENGAGEMENTS;** Terry 8 years. Ellen speaking at Rule 62 on the 28th.

**CLOSING** Responsibility Statement at 7:27.

### **1-6-2020 EVI Steering Committee Minutes**

**Present:** Leah, Chaz, Kay, Brenda, Curt, Matt, Mary, Leigh, Della, Craig, Gregory, Amanda (Sec'y), Steve R.

Called to order 6:29 PM

#### **Serenity Prayer**

**The Al-Anon request** to the steering committee and the CPC/PI Committees were researched by Leah (AA literature, Tradition 6, previous EVI minutes, John C., John Wine – GSO Liaison), with these outcomes: References in AA literature are general. If an institution asks EVI/AA to add AL-Anon to the presentation, then it's legitimate to do so. Otherwise, Al-Anon can be asked directly by the institution to present and they can schedule accordingly. Having Al-Anon on business agenda is a good example of cooperation. Having Al-Anon listings on EVI material is up to the committee. After extensive dialogue we recommended that Al-Anon events be listed on the calendar in the newsletter. As an outreach to support and cooperate, Matt volunteered his time in working with Al-Anon to build a website.

**Treasurer's report,** Curt. 20% over revised budget. Cash position is up. Seeing ebb and flow of contributions.

**Bookkeeper report,** Craig. Working with Gregory, office coordinator to improve volunteer's receipt accuracy. He's finalizing the end of year spreadsheet for 2019.

**Office issues.** Volunteers not showing up, office closing more often. Should the office coordinator position be a two year position? We say no.

**2019 in review.** A lot was done –including an office move, updated by-laws and prudent reserve, new computer and software, new website and meeting guide app, after a stumble finished the year strong financially, updated committee synopsis.

**Adjourned** 7:30 pm with the Responsibility statement

## **NEWS FROM January 27, 1971**

### **Bill W., 75, Dies; Cofounder Of Alcoholics Anonymous**

New York Times News Service (layout edited for this publication)

NEW YORK — William Griffith Wilson died late Sunday night January 24, 1971 and, with the announcement of his death, was revealed to have been the Bill W. who co-founded Alcoholics Anonymous in 1935. He was 75.

The retired Wall Street securities analyst had expected to die or to go insane as a hopeless drunk 36 years ago but – after what he called a dramatic spiritual experience – sobered up and stayed sober.

He leaves a program of recovery as a legacy to 47,000 acknowledged alcoholics in 15,000 A.A. groups throughout the United States and in 18 other countries.

#### **Wife Aided Work**

Mr. Wilson, whose twangy voice and economy of words reflected his New England origin, died of pneumonia and cardiac complication a few hours after he had been flown by private plane to the Miami Heart Institute in Miami Beach from his home in Bedford Hills, NY.

At his bedside was his wife, Lois, who had remained by him during his years as a “falling down” drunk and who later had worked at his side to aid other alcoholics. She is a founder of the Al-Anon and Alateen groups, which deal with the fears and insecurity suffered by spouses and children of problem drinkers.

Mr. Wilson last spoke publicly last July 5 in a three minute talk he delivered after struggling from a wheelchair to the lectern at the closing session of A.A.'s 35th anniversary international convention in Miami, attended by 11,000 persons. He had been admitted three days earlier to the Miami Heart Institute, his emphysema complicated by pneumonia.

Last Oct. 10, he was under hospital care for acute emphysema and was unable for the first time to attend the A.A. banquet at which his “last-drink anniversary” has been celebrated annually. His greetings were delivered by his wife to the 2,200 A.A. members and guests at the New York Hilton.

Mr. Wilson gave permission to break his A.A. anonymity upon his death in a signed statement in 1966. The role of Dr. Robert Holbrook Smith as the other founder of the worldwide fellowship was disclosed publicly when the Akron Ohio, surgeon died of cancer in 1950.

As Bill W., Mr. Wilson shared what he termed his “experience, strength and hope” in hundreds of talks and writings, but in turn – mindful that he himself was “just another guy named Bill who can’t handle booze” – he heeded the counsel of fellow alcoholics, and declined a salary for his work in behalf of the fellowship.

He supported himself, and later his wife, on royalties from four A.A. books — “Alcoholics Anonymous,” “The Twelve Steps and Twelve Traditions,” “Alcoholics Anonymous Comes of Age” and “The A.A. Way of Life.”

#### **Explained Anonymity**

In fathering the doctrine that members should not reveal their A.A. affiliation at the public level, Bill W. had explained that “anonymity isn’t just something to save us from alcoholic shame and stigma; its deeper purpose is to keep those fool egos of ours from running hog wild after money and fame at A.A.’s expense.”

He cited the example of a nationally known radio personality who wrote an autobiography disclosing his A.A membership and then spent the royalties crawling the pubs on West 52nd Street.”

*Continued*

### **Frankness Impressed**

In the program's early years, Mrs. Wilson worked in a department store to augment the family income.

Over the years, the gaunt, 6-foot co-founder's wavy brown hair turned wispy white, and his step slowed. In 1962 he retired from active administration of A.A. affairs and returned to part-time activity in Wall Street. He continued to speak in New York at dinner meeting celebrating the anniversaries of his recovery.

Mr. Wilson shunned oratory and euphemisms and impressed listeners with the simplicity and frankness of his A.A. "story":

In his native East Dorset, VT., where he was born Nov. 26, 1895, and where he attended a two-room elementary school, he recalled, "I was tall and gawky and I felt pretty bad about it because the smarter kids could push me around. I remember being very depressed for a year or more, then I developed a fierce resolve to win – to be a No. 1 man."

### **Strength Limited**

Bill, whose physical strength and coordination were limited, was goaded by a deep sense of inferiority, yet became captain of his high school baseball team. He learned to play the violin well enough to lead the school orchestra.

He majored in engineering at Norwich University for three years, then enrolled in officers training school when the United States entered World War I. He married Lois Burnham, a Brooklyn physician's daughter he had met on vacation in Manchester, Vt.

At Army camp in New Bedford, Mass., 2nd Lt. Wilson of the 66th Coast Artillery and fellow officers were entertained by patriotic hostesses, and Bill W. was handed his first drink, a Bronx cocktail. Gone, soon, was his sense of inferiority.

### **Wife Concerned**

"In those Roaring Twenties," he remembered, "I was drinking to dream great dreams of greater power." His wife became increasingly concerned, but he assured her that "men of genius conceive their best projects when drunk."

In the crash of 1929, Mr. Wilson's funds melted away, but his self-confidence failed to drop. "When men were leaping to their deaths from the towers of high finance," he noted, "I was disgusted and refused to jump. I went back to the bar. I said, and I believed, 'that I can build this up once more.' But I didn't. My alcoholic obsession had already condemned me. I became a hanger-on in Wall Street."

Numbing doses of bathtub gin, bootleg whisky and New Jersey applejack became Bill W.'s panacea for all his problems.

### **Visited by Companion**

Late in 1934, he was visited by an old barroom companion, Ebby T., who disclosed that he had attained freedom from a drinking compulsion with help from the First Century Christian Fellowship (now Moral Rearmament); a movement founded in England by the late Dr. Frank N. D. Buchman and often called the Oxford Group. Bill W. was deeply impressed and was desperate, but he said he had not yet reached that level of degradation below which he was unwilling to descend. He felt he had one more prolonged drunk left in him.

Sick, depressed and clutching a bottle of beer, Bill W. staggered a month later into Towns Hospital, an upper Manhattan institution for treatment of alcoholism and drug addiction. Dr William Duncan Silkworth, his friend, put him to bed.

*Continued*

Mr. Wilson recalled then what. Ebby T. had told him: “You admit you are licked; you get honest with yourself... you pray to whatever God you think there is, even as an experiment.” Bill W. found himself crying out:

“If there is a God, let him show himself, I am ready to do anything, anything!”

“Suddenly,” he related. “the room lit up with a great white light. I was caught up into an ecstasy which there are no words to describe. It seemed that a wind not of air but of spirit was blowing. And then it burst upon me that I was a free man.”

Recovering slowly and fired with enthusiasm, Mr. Wilson envisioned a chain reaction among drunks, one carrying the message of recovery to the next. Emphasizing at first his spiritual regeneration, and working closely with Oxford Groupers, he struggled for months to “sober up the world,” but got almost nowhere.

“Look Bill,” Dr. Silkworth cautioned, “you are preaching at those alkie. You are talking about the Oxford precepts of absolute honesty, purity, unselfishness and love. Give them the medical business, and give it to ‘em hard, about the obsession that condemns them to drink. That – coming from one alcoholic to another – may crack those tough egos deep down.”

Mr. Wilson thereafter concentrated on the basic philosophy that alcoholism is a physical allergy coupled with a mental obsession – an incurable though arrestable – illness of body., mind and spirit. Much later, the disease concept of alcoholism was accepted by a committee of the American Medical Association and by the World Health Organization.

Still dry six months after emerging from the hospital, Mr. Wilson went to Akron to participate in a stock proxy fight. He lost, and was about to lose another bout as he paced outside a bar in the lobby of the Mayflower Hotel. Panicky, he groped for inner strength and remembered that. he had thus far stayed sober trying to help other alcoholics.

Through Oxford Group channels that night, he gained an introduction to Dr. Smith, a surgeon and fellow Vermonter who had vainly sought medical cures and religious help for his compulsive drinking.

Bill W. discussed with the doctor his former drinking pattern and his eventual release from compulsion.

“Bill was the first living human with whom I had ever talked who intelligently discussed my problem from actual experience,” Dr. Bob, as he became known, said later. “He talked my language.”



# JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 1 <sup>st</sup> Saturday speaker meeting  Potluck – 5:30  Speaker – 7:00
5 1 <sup>st</sup> Sunday speaker meeting 1:30 - 3:00pm  EVI Activities Committee 5-6pm	6 EVI Steering Committee Meeting 6:30pm	7	8 Grapevine Committee  6:00pm	9	10	11 EVI Speaker Meeting 7pm
12	13 EVI Business Meeting  6:30pm	14 CPC/PI Committee  6:30pm	15	16	17	18 3 <sup>rd</sup> Saturday speaker meeting 6:30 – 7:30pm
19	20	21	22	23	24	25
26	27	28	29 H&I Meeting 6:00pm	30	31	

# FEBRUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> 1 <sup>st</sup> Saturday speaker meeting  Potluck – 5:30  Speaker – 7:00
<b>2</b> 1 <sup>st</sup> Sunday speaker meeting 1:30 - 3:00pm  EVI Activities Committee 5-6pm	<b>3</b> EVI Steering Committee Meeting 6:30pm	<b>4</b>	<b>5</b> Grapevine Committee  6:00pm	<b>6</b>	<b>7</b>	<b>8</b> EVI Speaker Meeting 7pm
<b>9</b>	<b>10</b> EVI Business Meeting 6:30pm	<b>11</b> CPC/PI Committee 6:30pm	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> 3 <sup>rd</sup> Saturday speaker meeting  6:30 – 7:30pm
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> H&I Meeting 6:00pm	<b>27</b>	<b>28</b>	